

## Safety Materials Available for RCAC Members

English	Spanish	
#17670	# 17667	“Basic Safety Principles” (sign)
#17846		“CAL/OSHA Pocket Guide”
#17663		“Carry Ladders This Way” (sign)
#17108	# 17109	“Caution: Floor/Roof Opening” (sign)
#17302	# 17303	“Check Ladder Before Using” (poster)
#17558	#17718	“Compressed Gas Cylinders” (checklist)
#17816	# 17841	“Construction Code of Safe Practices” (pamphlet)
17560	# 17010	“Construction Hazard Checklist”
#17220	# 17221	“Don’t Twist Your Back When Lifting” (poster)
#17564	# 17724	“Elevated Surfaces” (checklist)
#13702		“Experience Modifications”
#17196		“Eye Protection” (sign)
#17572	# 17772	“Fire Protection” (checklist)
#17573	# 17753	“Flammable and Combustible Materials” (checklist)
#17486	# 17487	“Hazard Communication” (pamphlet)
#17486	# 17487	“Hazard Communication – Working Safely With Hazardous Substances”
#17159	#17160	“Keep Cylinders Secured” (sign)
#13445		“Loss Control Services”
#13708	# 13709	Notices to Employees
#17591	# 17761	“Portable Ladders” (checklist)
#17592	#17919	“Portable Power Tools and Equipment” (checklist)
#17225		“Preventing Heat Stress” (pamphlet)
#17286	# 17317	“Proper Lifting” (poster)
#17170		“Proposition 65 Warning” (sign)
#17273	# 17274	“Protect Your Eyes - Use Proper Eye Protection” (poster)
#17419	# 17412	“Protect Your Hands - Wear Gloves” (poster)
#17368	# 17363	“Right/Wrong Lifting on a Ladder” (poster)
#17377		“Safe Lifting (pamphlet)
#17805		“Safety Materials Catalog”
#13721		“Separate Classifications by Wage Level in the Construction Industry”
#17322	# 17422	“Stop Accidents” (poster)
#17275	# 17276	“Talk Safety Before Starting Any Job” (poster)
#17852		“Think Safety With Power In Your Hands” (pamphlet)
#17997		“Using Tools Safely” (pamphlet)
#17742		“Workplace IIPP Model Program for High Hazard Employers”

## **RCAC OFFERS SAFETY VIDEO LIBRARY**

As part of our new safety program, RCAC is pleased to announce the opening of a library service that will enable California roofing contractors to borrow videos aimed at educating employees about a variety of roofing industry safety topics. Most videos are available in both DVD and VHS formats, and many are offered in English and Spanish.

Dozens of videos are available through RCAC, including topics on back protection, construction material handling, eye protection, fall protection, hand tool safety, ladder safety, OSHA recordkeeping, power tool safety, scaffolding safety, silica exposure and many others.

For borrowing instructions and available titles, please review the following list. For other safety information, visit [www.rcacal.com](http://www.rcacal.com) and click on "Safety Program" on the lower left of the page. You may also e-mail RCAC Safety Coordinator Marc Connerly at [mconnerly@connerlyandassociates.com](mailto:mconnerly@connerlyandassociates.com) or call the RCAC office at (916) 456-4790.

## **RCAC SAFETY VIDEO LIBRARY**

### **BORROWING GUIDELINES**

Videos may be requested by contacting the RCAC office by phone (916-456-4790) or email

(mconnerly@connerlyandassociates.com).

You may borrow three (3) per month per location. Please identify one or more alternate choices. Videos may be reserved up to sixty (60) days in advance. Videos are to be requested ten (10) working days in advance of the show date to allow time for shipment. These videos are to be returned promptly (per instructions below) within five days after the requested show date.

Use the mailing label we provide to return the videos. If the video is damaged, please return it with a note describing the problem. Also, inside each video case there is a blue evaluation card.

Please let us know if the program met your needs.

Each video program must be returned via Priority Mail or DHL and insured for \$400.00 per video; otherwise, the borrower assumes full responsibility for the replacement cost of lost materials. In addition, please ship the video(s) in protective packaging. These instructions appear on every item that is mailed out from our Safety Audiovisual Library.

### **IMPORTANT**

**Return via:** DHL

Insured for \$400.00

### **OR**

By Priority Mail

Insured for \$400.00

**To:** State Compensation Insurance Fund

Safety and Health Services

Audiovisual Library

1275 Market Street

San Francisco, CA 94103

Telephone #: (415) 975-2400

Fax #: (415) 975-2444

### **PLEASE STOP AND READ**

We trust you are not duplicating this or any other video. Federal law provides severe civil and criminal penalties for the unauthorized reproduction of copyrighted audiovisuals. Criminal copyright infringement is investigated by the FBI and may constitute a felony with a maximum penalty of up to five (5) years in prison and/or a two hundred & fifty thousand dollar (\$250,000) fine.

### **GIVING A SUCCESSFUL SAFETY PRESENTATION . . .**

A safety presentation helps to develop in people the desire, the knowledge, and the actions necessary to prevent accidents. People who have learned to recognize and correct unsafe conditions and practices improve their chances of averting the pain, inconvenience, and economic loss due to accidental injury.

Audiovisuals (A/V) are the most cost-effective method of training because many people can be trained at once with the same information. AV training provides standardized information to employees, which improve communication, efficiency and productivity. Your safety presentation should focus on a single safety topic. Safety presentations can help you comply with Cal-OSHA training mandates. However, you should not rely solely on AVs; additional training (e.g., hands on) should accompany your safety presentation. The AV should provide information upon which you can build expertise and knowledge. (**NOTE:** Document your training by providing sign up sheets for employees, noting the date, topic discussed, presenter, etc.)

The following are tips to help you give successful safety presentations:

### **1. Preview audiovisual...**

Before showing an AV, preview it so you are familiar with its contents and purpose.

### **2. Prepare in advance...**

To make the most of AV materials, take a look at the meeting room. Select a room for the meeting which will easily accommodate the group. It should be well ventilated, quiet, and free from telephones and other minor interruptions. If the group is large, you may want to consider having several smaller group meetings instead of one large session. For small groups, a U-shaped seating arrangement is ideal, while for larger gatherings use a wide rather than long room. Each person should be able to see the screen comfortably. Seating people "close to the action" will help them. Also, it is best to have equipment set up and tested before the presentation. This allows for troubleshooting problems before the actual presentation.

### **3. Make arrangements...**

Announce the meeting well ahead of time, stating the time and place, subject and length of the meeting. Then, keep the schedule announced. It is recommended that meetings be held in the morning and kept as short as possible to allow for discussion time after the AV presentation.

### **4. Prepare yourself...**

Outline an introduction to include the points you want to emphasize. This will aid you in guiding your discussion. Once employees are seated, you should explain the topic and the reason for viewing the AV. You may wish to pause the AV after each main idea is presented to discuss the topic further. Anticipate probable reactions from the group and be prepared for them. Handouts are also a good reinforcement tool for emphasizing your safety presentation and encouraging discussion. Decide when it is best to distribute them.

### **5. Present your message...**

Top management needs to show that they have a commitment to safety by recognizing your meeting and attending at least the beginning introductions. State your expectations clearly and concisely to establish your objectives (such as the meeting's agenda, changes the company hopes to establish, etc.). An AV can serve as both a motivating program opener and a focal point for the rest of your meeting. For the training session to be valuable, it has to have two-way communication. If employees don't ask questions, recap a few key statements from the AV to provoke discussion.

ACCIDENT INVESTIGATION: THE BIG PICTURE  
(VHS Title 636 / Spanish VHS Title 999-636)

ACTIVELY CARING FOR SAFETY SERIES (4)  
• *Coaching Safe Behavior* (VHS Title 300-468)  
• *Implementing Behavior-Based Safety* (VHS Title 200-468)  
• *Making Safety Incentives Work* (VHS Title 400-468)  
• *Motivating Safe Behavior* (VHS Title 100-468)

BACK INJURY PREVENTION  
(VHS Title 592)

BACK INJURY PREVENTION: SAFE LIFTING  
(VHS Title 33)  
(VHS Spanish 999-33)  
(DVD Title 777-33)  
(DVD Spanish 999-777-33)

BACK SAFETY  
(VHS Title 54)

BACK SAFETY FOR MATERIAL HANDLERS  
(VHS Title 691)  
(VHS Spanish 999-691)  
(DVD English and Spanish 888-777-691)

BASIC FIRST AID, PARTS I & II  
(VHS Title 680 Part I)  
(VHS Title 100-680 Part II)

CHEMICAL HAZARDS IN

CONSTRUCTION  
(VHS Title 68)

BURN PREVENTION: DEGREE OF  
AWARENESS  
(VHS Title 421)

CLOSE CALLS AND NEAR MISSES  
(VHS Title 627)  
(VHS Spanish 999-627)

CLOSE CALLS: THE WAKE UP CALL  
(VHS Title 553)

CONSTRUCTION FALL PROTECTION:  
GET ARRESTED!  
(VHS Title 651)  
(VHS Spanish 999-651)

CONSTRUCTION MATERIAL  
HANDLING  
(VHS Title 462)

CREATING THE SAFETY PLAN  
(VHS Title 460)

DON'T BE A DUMMY ABOUT BACK  
SAFETY  
(VHS Title 659)  
(VHS Spanish 999-659)

DON'T BE A DUMMY ABOUT EYE  
SAFETY  
(VHS Title 648)  
(VHS Spanish 999-648)

EMPLOYEE SAFETY ORIENTATION  
(VHS Title 115)  
(VHS Spanish 999-115)  
(DVD Title 777-115)  
(DVD Spanish 777-999 -115)

EMERGENCY ACTION PLAN  
(VHS Title 641)  
(DVD English and Spanish 888-777-641)

EYE INJURIES 3-D  
(VHS Title 590)

FALL PROTECTION  
(VHS Title 440)

FIRST AID: PREPARED TO HELP  
(VHS Title 685)  
(DVD English and Spanish 888-777-685)  
(VHS Spanish 999-685)

GIVE SAFETY A HAND: HAND TOOL

SAFETY OVERVIEW  
(VHS Title 441)

HAND PROTECTION: LESSONS FOR A  
LIFETIME  
(VHS Title 635)  
(VHS Spanish 999-35)  
(DVD English and Spanish 888-777-635)

HAND, WRIST AND FINGER SAFETY  
(VHS Title 159)  
(VHS Spanish 999-159)

HEAT STRESS  
(VHS Title 465)  
(VHS Spanish 999-465)

HOUSEKEEPING/TEAMWORK IN  
INDUSTRY  
(VHS Title 550)  
(VHS Spanish 999-550)

INTRODUCTION TO BEHAVIOR-BASED  
SAFETY SERIES (5)  
• Behavior Analysis —  
Understanding The Causes  
(VHS Title 200-496)  
• Foundation Concepts —  
Shifting The Paradigm  
(VHS Title 100-496)  
• Observation & Feedback:  
Creating Positive Consequences  
(VHS Title 400-496)  
• Problem Solving: Removing The Barriers  
(VHS Title 500-496)  
• The Inventory: Defining Behavioral Exposures  
(VHS Title 300-496)

IT ONLY TAKES A SECOND  
(VHS Title 551)

JOB HAZARD ANALYSIS  
(VHS Title 515)

KEEPING YOUR BACK IN ACTION  
(VHS Title 202)

LADDER SAFETY  
(VHS Title 494)  
(VHS Spanish 999-494)

LADDER SAFETY  
(VHS Title 212)

LADDER SAFETY  
(VHS Title 554)

LADDER SAFETY  
(VHS Title 447)

LADDER SAFETY IN CONSTRUCTION  
(VHS Title 616)

THE LAST STRAW: A Guide To  
Manual Material Handling  
(VHS Title 580)

MEDICAL EMERGENCIES IN THE  
WORKPLACE — SERIES (2)

- Emergency First Response  
(VHS Title 200-415)
- Life Sustaining Response  
(VHS Title 100-415)

NEAR MISS REPORTING  
(VHS Title 595)

ON THE ROAD: THE LIGHTER SIDE OF  
LIFTING  
(VHS Title 443)

OSHA RECORDINGKEEPING – TRUE TO  
FORM  
(VHS Title 689)  
(DVD English and Spanish 888-777-689)

PERSONAL PROTECTIVE EQUIPMENT  
(VHS Title 578)  
(VHS Spanish 999-578)

POWER TOOL SAFETY SERIES (4)

- VOL. I: Stationary Power  
Tools  
(VHS Title 100-472)
- VOL. II: Stationary Power  
Tools  
(VHS Title 200-472)
- VOL. III: Portable Power  
Tools  
(VHS Title 300-472)
- VOL. IV: Portable Power  
Tools  
(VHS Title 400-472)

PROACTIVE SAFETY ATTITUDES —  
LOOKING OUT FOR #1  
(VHS Title 632)  
(VHS Spanish 999-632)  
(DVD Bilingual 888-777-632)

PROACTIVE SAFETY ATTITUDES —  
TARGET ZERO  
(VHS Title 544)  
(DVD English and Spanish 888-777-544)

RECOGNITION, EVALUATION AND  
CONTROL OF HAZARDS  
(VHS Title 283)

REDUCING BACK INJURY LOSSES  
(VHS Title 286)

RETURN TO WORK FOR EMPLOYEES  
(VHS Title 480)

RETURN TO WORK FOR SUPERVISORS  
(VHS Title 479)

SAFE LIFTING  
(VHS Title 475)

SAFETY AWARENESS: IT'S UP TO  
YOU  
(VHS Title 432)  
(Spanish 999-432)

SAFETY COACH: THE 7 C'S OF  
SAFETY  
(VHS Title 684)  
(DVD English and Spanish 888-777-684)

SAFETY MEETINGS: GIVE 'EM WHAT  
THEY WANT  
(VHS Title 575)

SETTING THE EXAMPLE  
(VHS Title 336)

SCAFFOLD SAFETY AT ALL LEVELS  
(VHS Title 545)  
(VHS Spanish 999-545)  
(DVD English and Spanish 888-777-545)

SETTING UP A JOBSITE SAFELY  
(VHS Title 433)

SILICA EXPOSURE: IT CAN LEAVE  
YOU BREATHLESS  
(VHS Title 687)  
(VHS Spanish 999-687)

SLIPS, TRIPS & FALLS — KEEPING A  
STEP AHEAD  
(VHS Title 624)

SLIPS, TRIPS & FALLS — TAKING THE  
RIGHT STEPS  
(VHS Title 694)  
(VHS Spanish 999-684)  
(DVD English and Spanish 888-777-684)

STATIONARY SCAFFOLDS IN  
CONSTRUCTION  
(VHS Title 579)

STOP IT BURNING (UPDATED)  
(VHS Title 350)

SUPPORTED SCAFFOLDING SAFETY  
(VHS Title 647)

SUSPENDED SCAFFOLDING SAFETY  
(VHS Title 646)

TAKING CONTROL: THE WORKERS'  
COMPENSATION — RETURN TO  
WORK CONNECTION  
(VHS Title 500)

TEACHER SAFETY ORIENTATION  
(VHS Title 607)

THINKING IT THROUGH: THE MARK OF  
THE PROFESSIONAL SUPERVISOR  
(VHS Title 606)

TOOL BOX SAFETY TALKS SERIES

- Carbon Monoxide  
(VHS Title 100-419)
- Chemical Safety  
(VHS Title 200-419)
- Compressed Gas Safety  
(VHS Title 300-419)
- Construction Equipment Maintenance  
(VHS Title 400-419)
- Eye and Face Protection  
(VHS Title 500-419)
- Fire Extinguisher Operation  
(VHS Title 600-419)
- Foot Protection  
(VHS Title 700-419)
- Hand Protection  
(VHS Title 800-419)
- Head Protection  
(VHS Title 900-419)
- Hearing Protection  
(VHS Title 1000-419)
- Ladder Safety  
(VHS Title 1100-419)
- Powder Actuated Tool Safety  
(VHS Title 1200-419)
- Safety Belts For Vehicle Safety  
(VHS Title 1300-419)
- Traffic Control  
(VHS Title 1400-419)
- Warning Signs  
(VHS Title 1500-419)
- Working Around Construction Equipment Safely  
(VHS Title 1600-419)
- Working Around High Voltage  
(VHS Title 1700-419)
- Working Safely Around Explosives  
(VHS Title 1800-419)
- Working Safely on Scaffolds  
(VHS Title 1900-419)
- Working Safely With Crane Riggings  
(VHS Title 2000-419)

UNSOLVED ACCIDENTS  
(VHS Title 375)

UPDATED 1990 HAND AND POWER  
TOOL SAFETY  
(VHS Title 376)  
(VHS Spanish 999-376)

UPDATED FORKLIFT OPERATOR  
TRAINING  
(VHS Title 613)  
(VHS Spanish 999-613)  
(DVD Title 777-613)  
(DVD Spanish 999-777-613)

WORKERS' COMP. FRAUD: IT  
AFFECTS US ALL  
(VHS Title 642)  
(VHS Spanish 999-642)

WORKING SAFELY WITH COMPRESSED  
GAS CYLINDERS  
(VHS Title 161)

WORKING IN THE COLD — TRAINING  
TIMEOUT  
(VHS Title 655)

WORKING SAFELY WITH LEAD  
(VHS Title 423)

WORKING OUTDOORS — MOSQUITOES  
AND TICKS  
(VHS Title 700)  
(VHS Spanish 999-700)  
(DVD English and Spanish 888-777-700)

WORKPLACE FATALITIES: MOST  
COMMON CAUSES  
(VHS Title 516)

YOUR EYES ARE DIFFERENT  
(VHS Title 486)